

WEEKEND AGENDA

I AM Conference

I AM Conference & Events · hosted by BM Wellness

Thursday 1 - Sunday 4 April 2027

Lake Dewar Discovery Camp · 339 Garrards Lane, Myrniong VIC 3341 · near Bacchus Marsh, Victoria

Thursday 1 April

Arrival & Twilight Market

2:30 pm	Registration opens Come and settle in
4:00 pm	Opening & Sound Therapy Start your weekend grounded and present
6:00-7:00 pm	Dinner & Dessert Buffet Relax and enjoy a nourishing meal
6:30-10:00 pm	Twilight Market & Activities Wellness & lifestyle stalls and practitioners: healing, natural health, readings, massage, yoga demos, gifts, crafts & more

Friday 2 April

Full Day Experience

6:30-7:00 am	Morning Meditation, Yoga or Sound Start your day with gentle guidance
8:00-8:45 am	Breakfast Fuel your body
9:00 am-12:00 pm	Speakers & Presentations 20-30 minute presentations · individual speakers to be advised
10:00-10:15 am	Morning Tea
12:30-1:15 pm	Lunch
1:30-5:00 pm	Speakers & Presentations 20-30 minute presentations continue
3:00-3:15 pm	Afternoon Tea
6:00-7:00 pm	Dinner & Dessert Enjoy a nourishing evening meal
7:00-9:00 pm	Evening Event To be advised
9:30-10:00 pm	Evening Meditation

Saturday 3 April

Full Day Experience

6:30-7:00 am	Morning Meditation, Yoga or Sound Start your day with gentle guidance
8:00-8:45 am	Breakfast Fuel your body
9:00 am-12:30 pm	Speakers & Presentations 20-30 minute presentations · individual speakers to be advised
10:00-10:15 am	Morning Tea
12:30-1:15 pm	Lunch
1:30-5:00 pm	Speakers & Presentations 20-30 minute presentations continue
3:00-3:15 pm	Afternoon Tea & Free Time Rest and recharge
6:00-7:00 pm	Dinner & Dessert Enjoy a nourishing evening meal
7:00-9:00 pm	Evening Event To be advised
9:30-10:00 pm	Evening Meditation

Sunday 4 April

Integration & Closing

6:30–7:00 am	Morning Meditation, Yoga or Sound Begin your day centred and calm
8:00–8:45 am	Breakfast Start your morning nourished
9:00 am–12:30 pm	Free Time, Sessions & Exhibitors Enjoy free time at your own pace with sessions, readings, healings, massages and exhibitor stalls
10:00–10:15 am	Morning Tea
12:30–1:15 pm	Lunch
1:30–2:00 pm	Closing Sound Therapy End the weekend aligned, peaceful and inspired
2:00 pm	Conference Close

Program subject to change · Evening events to be advised